

READ THIS FIRST!!!



## GELOUSY GEL NAIL SYSTEMS

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Thank you for choosing Gelousy Gel Nail Systems. As always we stand ready to answer any questions or troubleshoot any challenges you are having with the products. We offer free technical support by telephone or e-mail.

**Gelousy Gel Nail Systems**

**Application Guide**

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# Nine (plus one) Keys to Creating Perfect Nails Every Time

**T**he Gelousy Gel Nail System is easy to use. Here are a few things to keep in mind.

1. Prep, Prep, Prep. These are the three most important words in our system. If you do not prepare the nail properly your clients will have problems. Both you and your client should wash your hands before every service without exception!
2. The nails should not be flat. We designed the squeeze bottle as a tool to assist you in creating the perfect arch. Use it.
3. The nails should not be bumpy. We designed the squeeze bottles as a tool to assist you in filling in any dips. Use it. You can be very precise with the application tip. Get it right in there to place a small string of gel exactly where you need it.
4. Gravity is free. Turn the nails upside down to allow the gel to flow to the middle of the nail when creating the arch.
5. Teach your clients how to place their hands in the lamp. Make sure their nails are flat under the light.
6. Do not go short on the curing times. If the nail is not shiny you have not cured the product long enough. If you are sure your client is in the lamp properly and for a full two minutes and the nail is still dull you may need to change your bulb.
7. Stir your pink, white, extra white and colors. Get in there with the Gelousy Spatula and scrape the bottom of the jar. Be sure to mix well. This will prevent chipping and make the colors much more brilliant.
8. For best results replace bulbs and reflectors in your lamps every six months.
9. Follow the three second rule. After applying the gel place the hand in the lamp for three seconds, and then remove it. This will freeze the gel so it won't run into the side wall. Then you can continue to the next nail. When curing all of the nails you may need to flash the gel two or three times to prevent burning your client depending on how sensitive your client is. Never burn your client. They should never be in any pain.
10. (Bonus Step) Ask for referrals. Give several cards to each client every time they come in.

# Nail Preparation

1. Wash hands and scrub nails with a manicure brush and soap. Rinse completely and dry well.
2. (Optional) Apply a cuticle softener to cuticles and push cuticles back with a cuticle implement. Tell client to wash hands again. This step will give your clients an extra week between fills, also gives your client a better look overall.
3. Carefully file the natural nail using the 180-grit side of your Gelousy Speedy Zebra nail file. You must remove all of the shine from the nail. When all of the shine is removed from the nail, lay the file flat and file towards the cuticle as the final filing step.
4. Remove the dust from the nail with the Gelousy Dust Brush.
5. Press the top of the Gelousy Prep Pump to dispense a small amount of Prep Solution. Dip your Gelousy Scrub Brush in to the solution. Blot your brush on a paper towel and scrub the nail with the brush. Check nails for shiny spots. Use the file again to remove shiny spots and reapply Gelousy Nail Prep as needed.

## Clipping the bottle:

There are two notches on the spout of the bottle. The top notch is for the base and the lower notch is for the natural. Cut the tip of the bottle just above the notches.

Base Gel:



Natural and Flex Gel:



## Clear Overlay

1. Prepare the natural nails as shown on page 3.
2. Apply Gelousy Base Gel. Squeeze a small drop of Gelousy Base Gel on all 5 nails. Use your oval brush to work the gel into the nail plate. Use a very thin coat. You need to see the fibers of the nail standing up through the gel. Too much base gel will cause lifting.
3. Cure the base gel for 30 seconds. You may work on the other hand while the base is curing.
4. Apply Gelousy Natural Gel. Squeeze a line of Gelousy Natural Gel on the center of the nail. Use the oval brush to lightly distribute the gel over the entire nail. Your touch should be so light as not to bend the bristles on the brush. Do not flick the brush off of the end of the nail.
5. Cure the gel for 1 minute.
6. Apply a second coat of Gelousy Natural Gel. Use the application tip on the bottle to build a natural arch and fill in any dips.
7. Cure the gel for 2 minutes.
8. Wipe nails with Gelousy Nail Prep.
9. Smooth the edges with the 180 grit file if necessary. Use the file at a 45 degree angle.
10. Client and tech should both wash hands.
11. Ask client to wash their hands and then apply cuticle oil.

## Color Gel Application

The color will separate just like polish. Stir your color using the white plastic spatula that came with your kit. If you do not have one or need another, just ask your distributor. Scrape the pigment off of the bottom of the jar and fold it back into the gel. If you do not stir your color you will experience chipping as you get closer to the end of the jar.

1. Prepare the natural nails as shown on page 3.
2. Apply Gelousy Base Gel. Squeeze a small drop of Gelousy Base Gel on all 5 nails. Use your oval brush to work the gel into the nail plate. Use a very thin coat. You need to see the fibers of the nail standing up through the gel. Too much base gel will cause lifting.
3. Cure the base gel for 30 seconds.
4. Apply Gelousy Natural Gel. Squeeze a line of Gelousy Natural Gel on the center of the nail. Use the oval brush to lightly distribute the gel over the entire nail. Your touch should be so light as not to bend the bristles on the brush. Use the application tip on the bottle to build a natural arch and fill in any dips.
5. Cure the gel for 1 minute.
6. Apply the Gelousy Color Gel with the oval brush.
7. Cure for 1 minute.
8. Apply a 2<sup>nd</sup> coat of Gelousy Color Gel if desired.
9. Cure for 1 minute.
10. Apply a second coat of Gelousy Natural Gel. Use the application tip on the bottle to perfect the shape.
11. Cure the gel for 2 minutes.
12. Wipe nails with Gelousy Nail Prep.
13. Smooth the edges with the 180 grit file if necessary. Use the file at a 45 degree angle.
14. Ask client to wash their hands and then apply cuticle oil.

## French Manicure Application

1. Prepare the natural nails as shown on page 3.
2. Apply Gelousy Base Gel. Squeeze a small drop of Gelousy Base Gel on all 5 nails. Use your oval brush to work the gel into the nail plate. Use a very thin coat. You need to see the fibers of the nail standing up through the gel. Too much base gel will cause lifting.
3. Cure the base gel for 30 seconds.
4. Apply Gelousy Natural Gel. Squeeze a line of Gelousy Natural Gel on the center of the nail. Use the oval brush to lightly distribute the gel over the entire nail. Your touch should be so light as not to bend the bristles on the brush. Use the application tip on the bottle to build a natural arch.
5. Cure the gel for 1 minute.
6. Apply the Gelousy French Pink Gel or a Gelousy Gel Color with the oval brush.
7. Cure for 1 minute.
8. Apply the Gelousy White, Extra White or Gelousy Gel Color to the tip of the nail. If bubbles appear after curing, you are using too much gel. If using Xtreme white create your smile line with the brush as you would do with white polish. Then perfect the smile line by swiping with the square brush. Dip the square brush in Nail Prep and blot on a towel if needed.
9. Use the Square brush to brush a natural looking smile line. You may want to do one nail at a time and cure in the lamp for 3 seconds to set the white smile line before moving on to the next nail.
10. Cure for 1 minute.
11. Apply a second coat of Gelousy Natural Gel. Use the application tip on the bottle to perfect the shape.
12. Cure the gel for 2 minutes.
13. Wipe nails with Gelousy Nail Prep.

14. Smooth the edges with the 180 grit file if necessary. Use the file at a 45 degree angle.
15. Ask client to wash their hands and then apply cuticle oil.

## **Application over Artificial Nail Tips**

1. Prepare the natural nails as shown on page 3.
2. Apply nail tip.
3. Blend nail tip. Etch nail and tip after blending. (Optional) Apply Gelousy Acid Free Primer to the entire nail and tip.
4. Apply Gelousy Base Gel. Squeeze a small drop of Gelousy Base Gel on all 5 nails. Use your oval brush to work the gel into the nail plate. Use a very thin coat. You need to see the fibers of the nail standing up through the gel. Too much base gel will cause lifting.
5. Cure the base gel for 30 seconds.
6. Apply Gelousy Natural Gel. Squeeze a line of Gelousy Natural Gel on the center of the nail. Use the oval brush to lightly distribute the gel over the entire nail. Your touch should be so light as not to bend the bristles on the brush. Use the application tip on the bottle to reinforce the stress area.
7. Cure the gel for 1 minute.
8. If you wish you may apply any Gelousy Gel Color or do a French manicure at this point. Please see instructions on page 5 and 6.
9. Apply a second coat of Gelousy Natural Gel. Use the application tip on the bottle to build a natural arch and fill in any dips.
10. Cure the gel for 2 minutes.
11. Wipe nails with Gelousy Nail Prep.
12. Smooth the edges with the 180 grit file if necessary. Use the file at a 45 degree angle.
13. Ask client to wash their hands and then apply cuticle oil.

# Sculpting

1. Prepare the natural nails as shown on page 3.
2. Apply the nail form.
3. Apply Gelousy Base Gel. Squeeze a small drop of Gelousy Base Gel on all 5 nails. Use your oval brush to work the gel into the nail plate. Use a very thin coat. You need to see the fibers of the nail standing up through the gel. Too much base gel will cause lifting.
4. Cure the base gel for 30 seconds.
5. Apply Gelousy Natural Gel. Squeeze a line of Gelousy Natural Gel on the center of the nail. Use the oval brush to lightly distribute the gel over the entire nail. Your touch should be so light as not to bend the bristles on the brush.
6. Use the squeeze bottle to apply the natural gel to form the nail, building your arch as you go. If needed flip the clients hand over for about three seconds to assist with leveling and formation of the proper shape.
7. Place in lamp for 3 seconds. (Always place all nails in the lamp instead of bending fingers to just cure one nail.)
8. Go to next nail and repeat until all five nails are completed.
9. Cure the gel for 2 minutes.
10. Wipe residue from nails.
11. File and shape nails including top, sides and edges if necessary.
12. If you wish you may apply any Gelousy Gel Color or do a French manicure at this point. Prep nails again to remove dust and see instructions on page 5 and 6.
13. Apply a second coat of Gelousy Natural Gel. Use the application tip on the bottle to build a natural arch and fill in any dips.
14. Cure the gel for 2 minutes.
15. Wipe nails with Gelousy Nail Prep.

16. Smooth the edges with the 180 grit file if necessary. Use the file at a 45 degree angle.
17. Ask client to wash their hands and then apply cuticle oil.

## **Fill**

1. Wash hands, push back cuticles, wash hands again.
2. File down the existing gel to make it thinner and blend the existing gel and natural nail. File natural nail filing towards cuticle.
3. Remove dust with dust brush, prep nail with nail prep solution and scrub brush.
4. Apply one drop of base gel and smooth over natural nail and existing gel with the oval brush.
5. Cure for 30 Seconds
6. Apply natural gel to the entire nail. Don't forget to cap the edge. Cure for 1 minute.
7. (optional) Apply pink, white or colored gel. Cure for 1 minute.
8. Apply final coat of natural and cure for 2 minutes.
9. Wipe nails with Gelousy Nail Prep, ask client to wash their hands and then apply cuticle oil.

## **Dura-Flex Strength Enhancing Gel**

Dura-Flex can be used to enhance the strength of any gel system. Use it anytime after your bonder and before your finisher. It is also good for techs that prefer working with a thicker product, it doesn't level as fast. You may need to shape the enhancement with a file after using Dura-Flex if you did not give it enough time to self level. It does not cure with a shiny finish so a finishing gel like Natural or All Done! must be used. Be sure to follow the three second rule when setting the gel, as the more gel you put on the nail the hotter it will get.

## **Gelousy Xtreme White Gel**

The Xtreme White Gel is different from our other white gel in the way it is applied to the nail.

When applying the gel to the tip of the nail, you will apply it like you would apply white polish. Create the general shape of the smile line with the brush instead of swiping the smile line as you would with our other colors.

Once you have the smile line applied you will use the square brush to refine and clean up the smile line. If you are having a hard time getting a clean line when you swipe you may need to dip the square brush in Nail Prep and blot it on a paper towel before you swipe the line. Cure for 2 minutes.

## **All Done!<sup>TM</sup>**

All Done! is a multi purpose top gel. Unlike a UV cured top coat, All Done! is a true gel. You can use it over acrylics, wraps or over any gel. It is very convenient for quick repairs or to restore the shine on gel. It will not adhere to the natural nail. It is to be used as a top or finishing gel.

### **Application Instructions**

Use nail prep to make sure there is no oil or moisture on the nail. Apply a coat of All Done! to the nail just like nail polish. Place nail under UV lamp for 2 minutes. Remove the sticky residue with Gelousy Nail Prep.

## **Gelousy UV Dry Top Coat**

Gelousy UV Dry Top Coat is a super fast drying UV drying top coat with a great shine designed for use over nail enhancements or polish. Gelousy UV Dry Top Coat makes a great retail product.

Using one or two coats, Gelousy UV Dry Top Coat will dry in a 9 watt UV lamp in one minute. For a 6 watt lamp allow two minutes and for a 4 watt lamp allow 3 minutes.

### **Application Instructions**

Brush one coat of Gelousy UV Dry Top Coat over a finished nail enhancement or polish. Place under a UV lamp for 1-3 minutes.

# Gelousy 1-Step Gel & Gel Pedicure

## Introduction

This product is amazingly easy to use and will allow you to do a full set in 30 minutes and a fill in 15 minutes. This product should be used as an overlay over the natural nail. The product is too flexible to be sculpted. The goal with this product is ease of application and to maintain flexibility just like a natural nail.

## Application

1. Wash hands or feet and scrub nails with a manicure brush and soap. Rinse completely and dry well.
2. (Optional) Apply a cuticle softener to cuticles and push cuticles back with a cuticle implement. Tell client to wash hands again. This step will give your clients an extra week between fills, also gives your client a better look overall.
3. Remove the shine from the natural nail with the 180 (medium) grit side of the Gelousy Speedy Zebra File. This step is optional. If you do remove the shine your clients will be able to go longer between fills. If you do not remove the shine, we guarantee at least 14 days of wear.
4. Cleanse and dehydrate the nail with Gelousy Nail Prep.
5. Brush on a thin coat of Gelousy Acid Free Primer.
6. Using the same technique as nail polish, apply a thin coat of Gelousy 1-Step Gel, be sure to cap off the free edge of the nail. Place the brush down on to the nail, push it up toward the cuticle, but do not touch the cuticle. Then using three strokes apply the product. One stroke down the side, one down the other side and a third stroke down the middle. Do not flick the bristles of the brush off of the free edge, use very light pressure.
7. Cure for two minutes.

8. Apply one or two coats of gel color with the oval brush if desired. Cure each coat for 2 minutes
9. Apply a second coat of Gelousy 1-Step Gel just like the first, remembering to cap off the free edge of the nail. (Optional: Take a very small amount of gel on the brush and touch the brush to the free edge. Forming a string, draw it back toward the cuticle to create an arch. Doing this will help the appearance of flat nail beds.)
10. Cure for 2 minutes.
11. Wipe nails with Gelousy Nail Prep.
12. Smooth the edges with the 180 grit file if necessary. Use the file at a 45 degree angle.
13. Ask the client to wash their hands
14. Clean the nail and apply polish if desired.
15. Apply Gelousy Cuticle Oil.

## Removal

You may remove the product in the same manner as you would remove acrylic nails. You may soak them or saturate a cotton ball with acetone and place it on the nail for ten minutes. Scrape the gel off of the nail with a cuticle pusher. If the nail is cloudy, the cloudiness will disappear in a few minutes or as soon as you cover it with gel. Sometimes acetone causes the natural nail to appear cloudy. (Optional: If you score the gel with a 100 grit file, they will soak off a little bit quicker.) Alternatively they may be filed off using the Gelousy Speedy 100 grit file.

# Gelousy Acrylic Sealing Gel

Gelousy Acrylic Sealing Gel is a UV cured gel product that may be used to seal your clients nails.

It will seal and protect acrylic nails against acetone, water, chemicals, acids, staining and polish.

Acrylic nail enhancements will not need buffing or finishing. Just apply Gelousy Acrylic Sealing Gel over the acrylic nail.

You may apply polish over Gelousy Acrylic Sealing Gel. It will not harm the finish.

You may remove polish with acetone or polish remover from a nail that has been sealed with Gelousy Acrylic Sealing Gel. The nail will still be shiny; you may then reapply polish or just leave the nail as is. Gelousy Acrylic Sealing Gel will remain shiny no matter how many times polish is applied and removed.

## **Application Instructions**

Use nail prep to make sure there is no oil or moisture on the nail. Apply a coat of Gelousy Acrylic Sealing Gel to the nail just like nail polish. Place nail under UV lamp for 2 minutes.

## **Removal Instructions**

Simply file the product with a hand or electric file. Be careful not to file too hard if you want to retain the product underneath.

## **Reapplication Instructions**

Use nail prep to make sure there is no oil or moisture on the nail. You may apply Gelousy Acrylic Sealing Gel over existing Gelousy Acrylic Sealing Gel without priming or filing. The product will self level to fill in cracks or chips.

## **Revolution Acrylic Application Instructions**

This acrylic will be applied dryer than you are probably used to. If you are having a hard time forming the acrylic, use less liquid.

1. Wash hands with soap and water for both Nail Tech and Client.
2. Sanitize and remove polish with Gelousy Nail Prep.
3. Push back cuticles with Gelousy Cuticle Pusher.
4. Prep nail by removing shine with the 180 grit Speedy Zebra File.
5. Apply Nail Tip if desired. Etch and blend the tip.
6. Remove dust and use Gelousy Nail Prep and Gelousy Scrub Brush to dehydrate and cleanse the nail.
7. Apply form if sculpting.
8. Apply a thin coat of Gelousy Acid Free Primer.
9. Completely dip Gelousy #8 Acrylic brush in liquid to remove air bubbles.
10. Swipe brush on a paper towel to remove excess liquid
11. Draw brush through powder to create a ball. Place ball at the free edge of nail, tip or form. (for french use white powder)
12. Place another ball on nail plate. (for french use pink powder)
13. Place a third ball toward cuticle area. (for french use pink powder)
14. Place a fourth ball of clear powder over the previous three.
15. Smooth out nail with your brush, brushing away from cuticle using long even strokes.
16. When acrylic is hardened remove form if one was applied. Use 100 grit Speedy Zebra File to shape and make nail desired length.
17. Use 180 Grit Speed Zebra File to smooth surface of enhancement.
18. Remove dust and use Gelousy Nail Prep and Gelousy Scrub Brush to dehydrate and cleanse the nail.
19. Apply a thin coat of Gelousy Acrylic Sealing Gel.
20. Place hand in UV lamp for two minutes.
21. Apply polish if desired and seal polish with Gelousy UV Dry Top Coat. Place hands in UV lamp for two minutes.
22. Apply Gelousy Cuticle Oil to cuticles, skin around the nail and the top and bottom of nail enhancement.
23. Retail a bottle of Gelousy Cuticle Oil to your client and ask them to apply to cuticles, skin around the nail and the top and bottom of nail enhancement daily.

# Troubleshooting

## **Are you having lifting?**

1. Make sure your clients wash their hands before and after the service.
2. Make sure you push the cuticle back and do not get gel on the skin.
3. Make sure once the nail plate is prepped you or your client does not touch the nail plate.
4. Do not ever touch the bristles of the brush with your fingers.
5. Clean and disinfect the inside and outside of your lamp before every service.
6. The UV bulbs do not burn out. They have about a 500 hour life. If you leave the lamp on all day every day they will last about 6 weeks. If you use the timer the bulbs should last 6 months to 1 year.

## **Are you having Separation?**

1. Do not flick the bristles off of the end of the nail. Draw the brush off the end as if the nail is longer than it really is.
2. If you are doing tip overlays and are having separation, sometimes nail techs do not put enough product on for fear of making them too thick. Put more gel than you think you will need. When they are finished they will not be thick

## **Are you having cracking?**

1. Do not use Gelousy Acrylic Sealing Gel on anything other than acrylic.
2. Place an extra string of gel across the stress area and allow it to self level on the final coat.
3. Use Gelousy Dura-Flex Gel. Apply Base first then Dura-Flex, followed by color and finally Natural.

## **Are nails popping off?**

1. Have your client wash their hands before and after every service.
2. Use Gelousy Nail Prep, not alcohol or acetone or another brand of dehydrator or prep.
3. Use Gelousy Acid Free Primer before the first coat of Base Gel.

## **Are the nails dull when you are finished?**

1. Change your bulbs.
2. Use Gelousy Nail Prep, not alcohol or acetone or another brand of dehydrator or prep.
3. Use a paper towel or terry cloth towel with Gelousy Nail Prep to wipe the nails. Do not use cotton or a soft nail wipe.

## **Finished nails are not smooth?**

1. Review the instruction video for the proper technique of application.
2. Place a string of gel on any low spots before curing the final coat.
3. Right before curing each coat flip your clients hand over for five seconds, and then place it in the UV lamp.
3. You can shape the nail and apply a third coat of Natural or All Done!

## **Nails will not soak off?**

1. Base and Natural gel will not soak off; you must file the enhancement to remove it. Only Gelousy 1-Step gel will soak off.

# **Gelousy Gel Quick Application Guide**

1. Prep
2. Base (Cure 30 seconds)
3. Natural (Cure 1 minute)
4. (optional) Colored Gel or French Manicure (Cure 1 minute)
5. Natural (Cure 2 minutes)
6. Wipe
7. Refine Sidewall Shape
8. Cuticle Oil

# **Gelousy 1-Step Gel Quick Application Guide**

1. Prep
2. Gel-a-Bond Primer
3. 1-Step Gel (Cure 2 minutes)
4. Wipe
5. Cuticle Oil